

# Safety Data Sheet



## 1. IDENTIFICATION OF THE MATERIAL AND SUPPLIER

**Product Name:** FENUGREEK SEED POWDER EXTRACT

**Other name(s):** Fenugreek Extract 4:1

**Recommended Use of the Chemical and Restrictions on Use** Nutritional supplement.

**Supplier:** Ixom Operations Pty Ltd (Bronson & Jacobs division) - incorporated in Australia  
**ABN:** 51 600 546 512  
**Street Address:** 70 Marple Avenue  
Villawood NSW 2163  
Australia

**Telephone Number:** +61 2 8717 2929  
**Facsimile:** +61 2 9755 9611  
**Emergency Telephone:** 1 800 033 111 (ALL HOURS)

Please ensure you refer to the limitations of this Safety Data Sheet as set out in the "Other Information" section at the end of this Data Sheet.

## 2. HAZARDS IDENTIFICATION

Not classified as Dangerous Goods by the criteria of the Australian Dangerous Goods Code (ADG Code) for transport by Road and Rail; NON-DANGEROUS GOODS.

Based on available information, not classified as hazardous according to Safe Work Australia; NON-HAZARDOUS CHEMICAL.

**Poisons Schedule (SUSMP):** None allocated.

## 3. COMPOSITION AND INFORMATION ON INGREDIENTS

**Product Description:** Fenugreek seed extract (Trigonella foenum-graecum L.).

Components	CAS Number	Proportion	Hazard Codes
Ingredients determined not to be hazardous	-	100%	-

## 4. FIRST AID MEASURES

For advice, contact a Poisons Information Centre (e.g. phone Australia 131 126; New Zealand 0800 764 766) or a doctor.

### Inhalation:

Remove victim from area of exposure - avoid becoming a casualty. Remove contaminated clothing and loosen remaining clothing. Allow patient to assume most comfortable position and keep warm. Keep at rest until fully recovered. Seek medical advice if effects persist.

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**Skin Contact:**

If skin or hair contact occurs, remove contaminated clothing and wash skin and hair with soap and water. If irritation occurs seek medical advice.

**Eye Contact:**

If in eyes, wash out immediately with water. In all cases of eye contamination it is a sensible precaution to seek medical advice.

**Ingestion:**

Rinse mouth with water. If swallowed, do NOT induce vomiting. Give a glass of water. Seek medical advice.

**Indication of immediate medical attention and special treatment needed:**

Treat symptomatically.

## 5. FIRE FIGHTING MEASURES

**Suitable Extinguishing Media:**

Fine water spray, normal foam, dry agent (carbon dioxide, dry chemical powder).

**Specific hazards arising from the chemical:**

Combustible solid. On burning will emit toxic fumes, including those of oxides of carbon.

**Special protective equipment and precautions for fire-fighters:**

Fire fighters to wear self-contained breathing apparatus and suitable protective clothing if risk of exposure to vapour or products of combustion. Keep containers cool with water spray.

## 6. ACCIDENTAL RELEASE MEASURES

**Emergency procedures/Environmental precautions:**

Shut off all possible sources of ignition. If contamination of sewers or waterways has occurred advise local emergency services.

**Personal precautions/Protective equipment/Methods and materials for containment and cleaning up:**

Wear protective equipment to prevent skin and eye contact and breathing in dust. Work up wind or increase ventilation. Cover with damp absorbent (inert material, sand or soil). Sweep or vacuum up, but avoid generating dust. Collect and seal in properly labelled containers or drums for disposal.

## 7. HANDLING AND STORAGE

**Precautions for safe handling:**

Avoid skin and eye contact and breathing in dust.

Avoid handling which leads to dust formation. In common with many organic chemicals, may form flammable dust clouds in air. For precautions necessary refer to Safety Data Sheet "Dust Explosion Hazards". Take precautionary measures against static discharges.

**Conditions for safe storage, including any incompatibilities:**

Store in a cool, dry, well ventilated place and out of direct sunlight. Store away from sources of heat or ignition. Store away from incompatible materials described in Section 10. Keep containers closed when not in use - check regularly for spills.

## 8. EXPOSURE CONTROLS/PERSONAL PROTECTION

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Substance No: 00000032578

Issued: 16/04/2019

Version: 1

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**Control Parameters:** No value assigned for this specific material by Safe Work Australia. However, Workplace Exposure Standard(s) for particulates:

Dusts not otherwise classified: 8hr TWA = 10 mg/m<sup>3</sup>

As published by Safe Work Australia Workplace Exposure Standards for Airborne Contaminants.

TWA - The time-weighted average airborne concentration of a particular substance when calculated over an eight-hour working day, for a five-day working week.

These Workplace Exposure Standards are guides to be used in the control of occupational health hazards. All atmospheric contamination should be kept to as low a level as is workable. These workplace exposure standards should not be used as fine dividing lines between safe and dangerous concentrations of chemicals. They are not a measure of relative toxicity.

## Appropriate engineering controls:

Ensure ventilation is adequate to maintain air concentrations below Workplace Exposure Standards. Avoid generating and breathing in dusts. Keep containers closed when not in use.

If in the handling and application of this material, safe exposure levels could be exceeded, the use of engineering controls such as local exhaust ventilation must be considered and the results documented. If achieving safe exposure levels does not require engineering controls, then a detailed and documented risk assessment using the relevant Personal Protective Equipment (PPE) (refer to PPE section below) as a basis must be carried out to determine the minimum PPE requirements.

## Individual protection measures, such as Personal Protective Equipment (PPE):

The selection of PPE is dependent on a detailed risk assessment. The risk assessment should consider the work situation, the physical form of the chemical, the handling methods, and environmental factors.

OVERALLS, SAFETY SHOES, SAFETY GLASSES, GLOVES, DUST MASK.



Wear overalls, safety glasses and impervious gloves. Avoid generating and inhaling dusts. If determined by a risk assessment an inhalation risk exists, wear a dust mask/respirator meeting the requirements of AS/NZS 1715 and AS/NZS 1716. Always wash hands before smoking, eating, drinking or using the toilet. Wash contaminated clothing and other protective equipment before storage or re-use.

## 9. PHYSICAL AND CHEMICAL PROPERTIES

**Physical state:** Fine powder  
**Colour:** Yellow Brown  
**Odour:** Characteristic  
**Odour Threshold:** Not available

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<b>Specific Gravity:</b>	Not available
<b>Relative Vapour Density (air=1):</b>	Not applicable
<b>Vapour Pressure (20 °C):</b>	Not applicable
<b>Flash Point (°C):</b>	Not applicable
<b>Flammability Limits (%):</b>	Not available
<b>Autoignition Temperature (°C):</b>	Not available
<b>Solubility in water (g/L):</b>	Not available
<b>Melting Point/Range (°C):</b>	Not available
<b>Boiling Point/Range (°C):</b>	Not available
<b>Decomposition Point (°C):</b>	Not available
<b>pH:</b>	Not available
<b>Viscosity:</b>	Not applicable
<b>Partition Coefficient:</b>	Not applicable

## 10. STABILITY AND REACTIVITY

<b>Reactivity:</b>	No information available.
<b>Chemical stability:</b>	Stable under normal conditions of use.
<b>Possibility of hazardous reactions:</b>	Hazardous polymerisation will not occur.
<b>Conditions to avoid:</b>	Avoid exposure to heat, sources of ignition, and open flame. Avoid dust generation.
<b>Incompatible materials:</b>	Incompatible with oxidising agents.
<b>Hazardous decomposition products:</b>	Oxides of carbon.

## 11. TOXICOLOGICAL INFORMATION

No adverse health effects expected if the product is handled in accordance with this Safety Data Sheet and the product label. Symptoms or effects that may arise if the product is mishandled and overexposure occurs are:

<b>Ingestion:</b>	No adverse effects expected, however, large amounts may cause nausea and vomiting.
<b>Eye contact:</b>	May be an eye irritant. Exposure to the dust may cause discomfort due to particulate nature. May cause physical irritation to the eyes.
<b>Skin contact:</b>	Repeated or prolonged skin contact may lead to irritation.
<b>Inhalation:</b>	Breathing in dust may result in respiratory irritation.
<b>Acute toxicity:</b>	No LD50 data available for the product.
<b>Skin corrosion/irritation:</b>	May cause physical irritation.
<b>Serious eye damage/irritation:</b>	May cause physical irritation.
<b>Respiratory or skin sensitisation:</b>	No information available.

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**Chronic effects:** No information available for the product.

**Mutagenicity:** No information available.

**Carcinogenicity:** No information available.

**Reproductive toxicity:** No information available.

**Specific Target Organ Toxicity (STOT) - single exposure:** No information available.

**Specific Target Organ Toxicity (STOT) - repeated exposure:** No information available.

**Aspiration hazard:** Not classified.

A side effect of consuming even small amounts of fenugreek is a maple syrup or curry smell in the sweat and urine which is caused by the potent aroma compound sotolone. Fenugreek may cause an allergic reaction in susceptible individuals. Symptoms of allergic reaction include swelling, numbness and wheezing. Use of more than 100 grams of fenugreek seeds daily can cause intestinal symptoms, including diarrhoea, nausea and gas (recommended dose is less than 8 grams per day). Blood sugar can also drop to abnormally low levels, particularly in people who are taking insulin, glipizide, or other hypoglycaemic agents. Fenugreek can enhance anticoagulant activity and should not be used with other herbs or medications (heparin, warfarin, ticlopidine) due to increased risk of bleeding. It is high in mucilage and theoretically it can alter the absorption of any oral medication. Monoamine oxidase inhibitors (MAOIs) may have increased activity when used in conjunction with fenugreek. Fenugreek's safety is not well-documented for use in small children, lactating women, or persons with liver or kidney disease.

## 12. ECOLOGICAL INFORMATION

**Ecotoxicity** Avoid contaminating waterways.

**Persistence/degradability:** No information available.

**Bioaccumulative potential:** No information available.

**Mobility in soil:** No information available.

## 13. DISPOSAL CONSIDERATIONS

### **Disposal methods:**

Refer to Waste Management Authority. Dispose of contents and container in accordance with local, regional, national, international regulations.

## 14. TRANSPORT INFORMATION

### **Road and Rail Transport**

Not classified as Dangerous Goods by the criteria of the Australian Dangerous Goods Code (ADG Code) for transport by Road and Rail; NON-DANGEROUS GOODS.

### **Marine Transport**

Not classified as Dangerous Goods by the criteria of the International Maritime Dangerous Goods Code (IMDG Code) for transport by sea; NON-DANGEROUS GOODS.

### **Air Transport**

Not classified as Dangerous Goods by the criteria of the International Air Transport Association (IATA) Dangerous Goods Regulations for transport by air; NON-DANGEROUS GOODS.

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## 15. REGULATORY INFORMATION

**Classification:**

Based on available information, not classified as hazardous according to Safe Work Australia; NON-HAZARDOUS CHEMICAL.

**Poisons Schedule (SUSMP):** None allocated.

All the constituents of this material are listed on the Australian Inventory of Chemical Substances (AICS) or are regulated through the Therapeutic Goods Administration (TGA).

## 16. OTHER INFORMATION

<https://www.encyclopedia.com/plants-and-animals/plants/plants/fenugreek>, 2016.

<https://en.wikipedia.org/wiki/Fenugreek>, 03/2019.

This safety data sheet has been prepared by Ixom Operations Pty Ltd (Toxicology & SDS Services).

**Reason(s) for Issue:**

First Issue Primary SDS

This SDS summarises to our best knowledge at the date of issue, the chemical health and safety hazards of the material and general guidance on how to safely handle the material in the workplace. Since Ixom Operations Pty Ltd cannot anticipate or control the conditions under which the product may be used, each user must, prior to usage, assess and control the risks arising from its use of the material.

If clarification or further information is needed, the user should contact their Bronson & Jacobs representative or Ixom Operations Pty Ltd at the contact details on page 1.

Ixom Operations Pty Ltd's responsibility for the material as sold is subject to the terms and conditions of sale, a copy of which is available upon request.

Bronson and Jacobs incorporating the businesses of Woods and Woods and Keith Harris.